



Career Guides

Gymnastics coaches train gymnasts of all ages to about fundamental movements involving dominant movement patterns. Elite-level coaches teach routines and focus on good technique.

Gymnastics Coaches and Instructors

Where You Might Work

Gymnastics coaches can expect to work in a range of different environments, including:

- › PCYC's
- › YMCA's
- › Gymnastics Clubs



Key Responsibilities

There are many different factors that make up the responsibilities and daily tasks of a coach. These responsibilities are:

Setting up gymnastics' equipment/circuits.

Teaching gymnastics using suitable progressions and lesson plans.

- › Carrying out skill and physical preparation testing to monitor and optimise development.

- › Understanding important components of gymnastics and applying that knowledge to coaching.

- › Understanding relevant safety precautions when activities are taking place.

- › Providing participants with feedback on their development.

- › Attending and contributing to staff meetings.

- › Contributing to the design of lesson plans.

- › Supervising training sessions.

- › Arranging entries into competitions.

- › Promoting gymnastics and its development around a club/organisation.

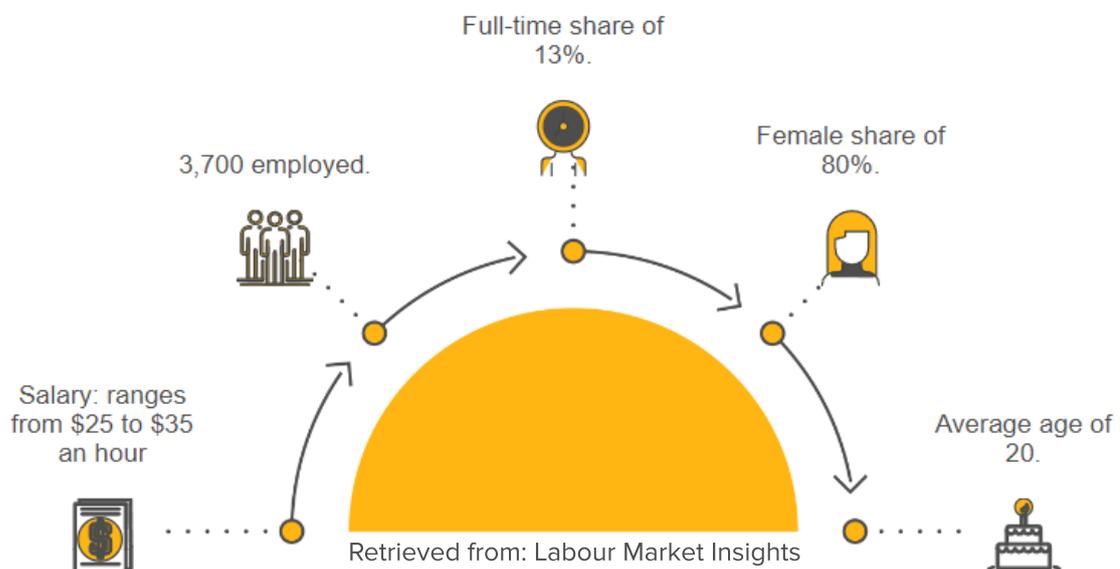
- › Coordinating and directing gymnastics activities and consulting with other officials to interpret and enforce rules and regulations.



The Attributes and Skills You Will Need

- › An ability to work independently and within a team.
- › Excellent communication skills and the ability to modify these for your audience.
- › A love for teaching and inspiring others to love health and fitness.
- › An enthusiastic and lively personality.
- › A good level of physical fitness.
- › Gymnastics coaching accreditation or willingness to obtain.
- › Current blue card or willingness to obtain.

Quick Facts



Salary: The hourly salary for gymnastics coaches ranges from \$25 to \$35 an hour, according to current job listings on [seek.com.au](https://www.seek.com.au).



Qualifications

The following education pathways map out qualifications that will allow you to become more employable as an entry-level gymnastics coach.

Course/s	Potential Career Outcomes	Further Qualifications	Duration and/or number of units
Certificate III/IV in Fitness (SIS40221)	<ul style="list-style-type: none">• Provides a pathway to any type of sport, aquatic or recreation organisation including commercial, not-for-profit, community and government organisations.• This qualification will allow some teacher trainees to skip the Fundamental Coaching Accreditation and start at Intermediate.	n/a	Cert IV: 15 units recognised by the Australian Qualifications Framework
Gymnastics Australia Fundamental Coaching Accreditation			6 Weeks
Gymnastics Australia Intermediate Coaching Accreditation			
Gymnastics Australia Advanced Coaching Accreditation			



Qualifications - Continued

Course/s	Potential Career Outcomes	Further Qualifications	Duration and/or number of units
Gymnastics Australia Advanced Silver Coaching Accreditation			
Gymnastics Australia High Performance Accreditation			



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